

## The Southside Group – Case Studies & Comments



Maria joined the group during lockdown. Her disability means she has little speech and a short attention span. Initially she would only stay online for around 10 minutes so we set up short individual classes with simple warm-ups and theatre games. Her concentration and contribution to the sessions improved dramatically and now she stays for the full workshop. Her mother emailed us and said:

**“Thanks again for all your encouragement, she seems to have a sense of achievement after the sessions. You are offering such an amazing, unique experience for these young people and for Maria even to take part is a blessing”.**



Hughie is the oldest member of TSG and has been with the group since it began. He lives alone but is very sociable.

As restrictions were brought in, and initiatives closed down, the anxiety attacks that Hughie occasionally suffers from increased and he has often experienced feelings of isolation. TSG has been an important help to him getting through the past 2 years, to connect with, and socialise with, his peers.

**“I feel happy and I feel good about myself. Making this film is making me feel important, being a part of ‘The Peabody Chronicles’. Being in it, it’s like being in a blockbuster movie.” - Hughie**



**“I have enjoyed every minute of my time in The Southside Group but for me the thing that completely strings it all together is the people there, everybody has so much personality and Pete, Catherine and Stewart bring out how everyone is unique. They are all very caring and I have always benefited from their conversation and advice.”**

- Lily



**“Being in The Southside Group has really helped me during this pandemic, during this lockdown, and it really has been the best thing for me.”**

- Adam